



Foster & Kinship Care Education (FKCE)

FREE Post Approval & Post Adoption Classes & Workshops



Attachment, Regulation & Competency Workshops Parenting Children & Adolescents who have Experienced Early Adversity

Foster & Kinship Care
Education

In Partnership with Lilliput
Post Adoption Support



Our FKCE mission is to provide quality education and support opportunities to caregivers of children and youth placed in out-of-home care. We want to ensure that caregivers have the tools and resources needed to meet foster children's educational, emotional, behavioral and development needs.



Join Us at One or All of these Classes
Engage, Support & Share

CLASS LOCATION:

Woodland Community College
2300 E Gibson Road - Woodland, CA 95776
Building 100, Room 101 or 109

TO RESERVE A SEAT
& FOR MORE INFORMATION:

(530) 574-1964

Cherie Schroeder, FKCE Director

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www.yolofostercare.com

February, Friday the 21st from 6:30 to 8:30 – WCC Rm 101
& Saturday the 22nd from 10:00 am to 4:00 pm

Born for Love, Learning How to Find Safety & Trust

Looking at the outcomes of early adversity - lack of safety, fear, pulling away and self-preservation. This interactive workshop will share the 5 Love Languages, methods to rebuilding attachment, safety & trust, therapeutic art and somatic techniques that allow a building of respect for one's self and others, and ways to help mend a broken heart.

Presented by Debra Wiegel, MFT & Kathi Gibson, Somatic & Art Specialist

March – Tuesday/Thursday Series – WCC in Rm 101

March 17 & 19, 24 & 26th, 2020 – 6:30 to 8:30 pm

Love & Logic Parenting

The Love and Logic approach to parenting comes from the science of caring and respectful relationships. An authentic, loving connection between parents and their children forms the foundation of good behavior and healthy decision-making. Learn positive parenting language, established with understanding early adversity, empathy, I directives, and positive affirmations for success.

Presented by Certified Love & Logic Trainer, John Glass

March – Tuesday Evening Series – WCC in Rm 109

March 17, 24, 31 April 7, 14 & 21st from 6:30 – 9:00 pm

NAMI Basic Series for Parents & Families

Living with & Raising Children w/ Mental Illness

Education for Parents/Guardians whose minor children are experiencing serious emotional disorders including ADHD, Major Depression, Bipolar Disorder, Conduct Disorder, Oppositional Defiant Disorder, Anxiety Disorders, Obsessive Compulsive Disorders, Schizophrenia and Substance Abuse Disorders. NAMI Basics is a free six-session program, designed specifically for families of children and adolescents with emotional and behavioral difficulties. [RSVP to NAMI-Yolo: \(530\) 756-8181](http://RSVP to NAMI-Yolo: (530) 756-8181)

May – All Expenses Paid - Weekend FKCE Training Seminar

May 22, 23 & 24th, 2020

For Parents & Children Together

Beginning Friday Evening 6:00 pm to Sunday Noon

Bounce Back, Teaching & Building Resiliency

Reservation Essential to Cherie, Names & Ages of Children attending Included.

Presented by Debra Wiegel, LMFT, John Glass, Certified Recreation Therapist, and Kathi Gibson, Somatic & Art Specialist

FRIDAY PIZZA & SATURDAY LIGHT LUNCH SERVED

Thank you for being a part of our amazing program & group of families.