

We are again excited to have
Renowned Author & Speaker Charlie Appelstein Present

No Such Thing as a Bad Kid

Understanding and Responding to Kids with
Emotional & Behavioral Challenges
Using a Positive, Trauma-Informed, Strength-Based Approach

2 Hour Introduction to Strength Based Parenting Approach
Continuing Resource Family Education Available

Thursday Evening

October 15th, 2020

6 to 8:00 pm

REGISTRATION & LINK to ZOOM:

Please register now or immediately before this meeting:

LINK: <https://us02web.zoom.us/meeting/register/tZYtd-yhrzlrHdwnQmHZkxgJvEqf-mEFH9nm>

No Such Thing as a Bad Kid: Using a Strength-Based Approach for Effective Parenting

Strength-based practice is an emerging approach to guiding kids with emotional & behavioral challenges, that is exceptionally positive and inspiring. **Its focus is on strength-building rather than flaw-fixing.** It begins with the belief that every young person has or can develop strengths and utilize past successes to mitigate problem behavior and enhance social and academic functioning. This engaging workshop will highlight some of the key principles and techniques of this transforming modality. Areas covered include: What is strength-based practice & the power of a positive attitude & culture; the effects of trauma and positive emotions on the brain; encouraging growth vs. fixed mindsets; self-esteem building & activities for at-risk children and youth; why, how, and when to use incentive plans; and a host of creative cognitive behavioral strategies.

This Workshop is Free and Open to the Public

Youth care specialist Charlie Appelstein, M.S.W., President of Appelstein Training Resources, LLC (ATR) provides expert strength-based training, consultation, publications, CDs, and DVDs for individuals and groups who work with children and youth experiencing emotional and behavioral challenges. Described as "the best youth care trainer in America" by Robert Lieberman, former president of the American Association of Children's Residential Centers, Charlie has devoted his entire adult career to helping children and youth struggling with emotional and behavioral challenges and those who guide them. An engaging, informative, and humorous speaker, Charlie is the author of three critically acclaimed books on youth care and the creator of two innovative CDs that helps kids and parents make better choices and lead happier lives. Charlie's strength-based approach delivers a message of hope and possibility to our most vulnerable youth and those who shape and influence their lives.



Woodland Community College
Foster & Kinship Care Education

For More Information

Cherie Schroeder, Director

Email at cherie@yolofostercare.com or call at (530) 574-1964 Cell



Learning to Read a Child's Behavior

