

Strategies for Changing a Child's Challenging Behaviors

WisdomPath Way Institute

@WisdomPathWayInstitute

FKCE Workshop presented by,

Kate Messina, PhD

Professor and Licensed Clinical Social Worker

How Does Your Child's Temperament Fit with Yours? November 6th, 2020

10 am to Noon

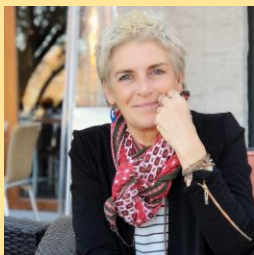
ZOOM LINK:

<https://us02web.zoom.us/join/register/tZAlcuCspzgjHNyTzDBkDCtY6pUSqXrMeV8n>

Are you are struggling to get your children's attention, to have them listen and follow through? If yes, this is a workshop for you!

The **WISDOMPATH WAY** teaches parents how to promote, teach, and coach the crucial everyday skills of self-regulation, mood management, impulse control, frustration tolerance, and the development of conscience, empathy, and social skill development.

Temperament is the theme of our workshop. Join us to learn the temperament style of your child and yourself, along with the importance of fit. With a new skill set you will find yourself less short-tempered and hold a new understanding for the behavior and responses of the children and young people in your home.



Dr. Kate Messina, PhD, is a Professor and Licensed Clinical Social Worker with over 25 years' experience working with foster and adoptive families and is highly acclaimed throughout California for her expertise of working with children who present with challenging behaviors.

WisdomPath Parenting is a unique parenting program that responds to the needs of 21st century parents who want to know how to guide, teach, and protect their children, but find themselves overwhelmed by parenting "techniques" over wisdom. At WisdomPath Parenting, we believe that only when we have a "deep knowing" of what our children's' behaviors mean and do not mean, can we then trust our instincts to guide, nurture, teach, and encourage. We can then develop a system of rules, limits, and consequences that fit within our own family values and cultural norms. WisdomPath Parenting offers parenting workshops, individual intensives, and parent coaching to help you (1) deepen your understanding of your child or adolescent's behaviors, (2) know your role in helping your child or adolescent to develop to his or her fullest potential, and (3) design your own system of WisdomPath discipline that reflects your family's core values. Visit our website or LIKE us on Facebook to learn more.

Established in 2012.

FOR ADDITIONAL INFORMATION:

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