



# Foster & Kinship Care Education Program

## January & February 2018 Classes

Guests & Friends are Welcome – FREE – Be certain to note locations!

Monday Evening Forum, January 8<sup>th</sup>, 2018 – 6:00 to 8:00 pm

### A Yolo County Resource Family Approval Forum

*Recommended for all Licensed, Approved & Prospective Foster & Kinship Parents*

Jane Presto, MSW, our new RFA Yolo County Supervisor if facilitating the evening discussion

- Location: **HHSA Building, 137 N. Cottonwood St, Main Entrance, Woodland**
- Time: **6 to 8:00 pm - Bauer Bldg., #1600 Thomson Room**



A NOTE FROM JANE. I would like to extend an invitation to join me at the Yolo Health and Human Services Agency building located at 137 N. Cottonwood Street Woodland for an exciting and enjoyable evening reviewing Yolo County's Resource Family Approval program and providing feedback for its future goals. The purpose of the forum will be to identify common goals for the program and to build and strengthen a collaborative community of caregiving for our County's families in need of support. Light snacks and refreshments will be provided.

[Thank you, Jane Presto, MSW, Social Worker Supervisor II - Resource Family Approval - Yolo Health and Human Services Agency](#)

Thursday Evening Series at Woodland Community College, Bldg 100, Rm 101

**January 11, 18 & 25, 2018 – 6:30 to 9:30 each evening**

[Attend any one workshop or all three. Classes are free & open to the public.](#)

### Coping with Grief & Loss,

### Building Positive Attachment & Making a Foster Blended Family Work

*Facilitated by Debra Weigel, Marriage Family Therapist*



**Every child entering foster care suffers great loss.** Even in the very best of foster or kinship care placements, children will experience loss of their familiar home surroundings, at least some disruption of daily routines, loss of possessions, pets, family members, their home and neighborhood —parents, siblings, and kin. How a child experiences loss and the rebuilding of attachment depends on many factors, that include a child's developmental level, significance of the people they are separated from. Join us as we work to increase our understanding, compassion and empathy for the children coming into foster care and how we can better support their transition and adjustment to a new home, whether temporary or permanent. Location: Woodland Community College.

Topics to be addressed:

- **January 11<sup>th</sup>** A Developmental Understanding of Attachment, Loss and Grief
- **January 18<sup>th</sup>** Building Empathy, Conscience & Self Control
- **January 25<sup>th</sup>** Parenting Children of Different Backgrounds & Ethnicities

## Resource Family Pre-Approval Classes are Open

These classes are required for Approval and are also open for Continuing Education.

*New series begins*

**Saturday, January 13<sup>th</sup>, 2018 – 10:00 am to 1:00 pm**

**RFA Class 1 - 10:00 am to 1:00 pm: Orientation to the Resource Family Approval**

**That afternoon, January 13<sup>th</sup> - 1:00 to 4:00 pm**

**RFA Class 2 - 1:00 pm to 4:00 pm: What is Child Abuse & Neglect?**

Series continues Saturday's at Woodland Community College, Building 100, Room 101 thru February 10<sup>th</sup>

[These classes are free & open to the public.](#)



# Foster & Kinship Care Education Program

## January 2018 Classes

For All Caregivers: Licensed Foster Parents & Resource Families – Foster & Kinship

### Annual FKCE Training - Post Approval Classes



#### Nuts & Bolts – An Informational Evening with Open Dialogue

Required for all Resource Families and Licensed Foster Parents to attend 2 Evenings Annually of Nuts & Bolts

Jane Presto & Matthew Gebhardt, Health & Human Service Agency (HHS) Child Welfare Program Supervisor & Manager, respectively

Either, Monday, January 15 or Tuesday, January 16, 2018 (two options to attend)

- Time: 6:00 to 9:00 pm
- Location: At the College: 2300 E. Gibson Rd., Woodland - Room 101

This is a fantastic opportunity to meet directly with our Child Welfare Resource Family Supervisor and Manager, Jane Presto and Matthew Gebhardt. This Nuts and Bolts is important to attend as four items will be discussed, including new payment rates with “Levels of Care”, required “Child Family Team Meetings” (CFTM), the County’s process for Annual Resource Family Reviews, plus the requirements to convert from a “Licensed” foster home to be an “Approved Resource Family”. There are many changes going on under the State’s Continuum of Care Reform (CCR) and Yolo County HHS Child Welfare Division is moving forward to build new and stronger teams. Please join us one of the two evenings for this opportunity to connect and hold a dialogue with the Child Welfare Management team. We look forward to seeing you there!

Teen Circle: Friday / Saturday Classes for Teens, NMD & Caregivers  
Friday Evening, January 19<sup>th</sup>, 2018, 5:30 to 8:30 pm

#### Relationships, Making and Keeping Friends

Saturday, January 20<sup>th</sup>, 2018, 10:00 am to 3:00 pm

#### Relationships, Good, Bad and Ugly

- Location: Woodland Community College, Bldg., 100, Room 101
- A light lunch will be served.



Many foster teens struggle with self-image, personal worth and shame which factors into making and keeping friends. This is a great opportunity to talk about friendships, their value, what makes a good friend and suggestions for keeping them. Saturday’s class follows up with the values and character of strong, positive relationships and signs to watch for when there is a downturn that may result in over dominance or violence. We will help with the relationship conversations all caregivers and/or parents need to have with their maturing and young adult children.



Saturday Workshop, a light lunch is provided.

January 27<sup>th</sup>, 2018 at Woodland Community College, Bldg 100, Rm 109

Attend any one workshop or all three. Classes are free & open to the public.

#### Coping with Grief & Loss,

#### Building Positive Attachment & Making a Foster

*Every child entering foster care suffers great loss.* Even in the very best of foster or kinship care placements, children will experience loss of their familiar home surroundings, at least some disruption of daily routines, loss of possessions, pets, family members, their home and neighborhood —parents, siblings, and kin. How a child experiences loss and the rebuilding of attachment depends on many factors, that include a child’s developmental level, significance of the people they are separated from. Join us as we work to increase our understanding, compassion and empathy for the children coming into foster care.

- Morning 10 am – 1:00 pm
  - Afternoon 1 to 4:00 pm
- A Developmental Understanding of Attachment, Loss and Grief  
Building Empathy, Conscience & Self Control

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# Foster & Kinship Care Education Program

## January 2018 Classes

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### It is Human Trafficking Month

### A Community Event to Bring Awareness to Child Sexual Exploitation (CSEC)

Led by Woodland Police Department, Empower Yolo and the Yolo county District Attorney's Office

- Location: Woodland Community & Senior Center  
2001 East Street, Woodland, CA 95776
- Time: 6:00 to 8:00 pm



### Wednesday Evening, January 24<sup>th</sup>, 2018 - 6 to 8:00 pm

Join this Community Event to learn more of the dangers of social media and an overview of child sexual exploitation. Youth and parents both will better ways to keep safe from predatory that lurk at school, in the community and on the web. Guest speakers from 3Strans Global will present to youth. A panel of victim advocates, law enforcement, and district attorney personnel will discuss what we are doing in Yolo County to combat this issue. Spanish translation is provided.

Free to all community members, parents and youth 12 years and older.

For further information contact the Yolo County District Attorney's Office at (530) 666-8180 or the Woodland Police Department at (530) 661-7875.

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### Caring for a Foster Newborn or Infant

### Tuesday Evening, February 13<sup>th</sup>, 2018 – at the College - 6:30 to 9:30 pm

- Location: Woodland Community College – Building 100, Room 101

All infants need nurturing and tender care. Caregivers do best when they are prepared and supported and know what to expect about the little person being entrusted to their arms. It is important to acknowledge the differences between bringing home a birth versus a foster baby, along with the "can" and "can not's". For instance, that you can't let a foster baby sleep with you or take them into your bath, and you have no legal say in medical decisions. Plus, you are faced with all sorts of pesky questions and how do you answer while maintaining confidentiality? This may be a new experience for the hospital staff and the caregiver and we want to make it just a bit easier. We will address who our babies are – what puts them "at-risk", including prenatal exposure, and bringing them home. You will be given an overview of diapering, bottle feeding, cleaning, sleeping, and developmental milestones, plus knowing when to worry and when to relax. You will be given tips for swaddling, calming and infant massage, along with the importance of early screening and referral. Please join us for this 3-hour workshop that is strongly recommended for both experienced and not yet placed caregivers accepting newborns and infants.

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### SAVE THE DATE

February 15 & 16<sup>th</sup>, 2018

### Indian Child Welfare Act and Positive Indian Parenting

Workshops developed and presented by the National Indian Child Welfare Association in cooperation with Yocha Dehe Wintun Nation Community Fund

- Location: Yocha Dehe Wintun Nation Community Center - 18960 Puhkum Road, Co. Rd. 75, Brooks, CA
- Time: 10:00 am to 4:00 pm each day

To reserve a seat email Cherie @ [cherie@yolofostercare.com](mailto:cherie@yolofostercare.com)

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February 28<sup>th</sup>, Caregiver Support & Education – 5:30 to 7:00 pm

### Recovery Happens: Teens, Drugs, Alcohol & Addiction

Presented by, Amy Rose, Program Director, Recovery Happens, Inc.

Location: Woodland Community College – Building 100, Room 101

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Cherie Schroeder, FKCE Instructional Specialist  
[cherie@yolofostercare.com](mailto:cherie@yolofostercare.com)  
(530) 574-1964 Cell

[www.yolofostercare.com](http://www.yolofostercare.com)

Ben Cadranel, FKCE  
[Ben@yolofostercare.com](mailto:Ben@yolofostercare.com)  
(530) 661-5772 Office