

## Resource Family Pre-Approval 12 Hr Series These classes are required for Approval and are also open for Continuing Education.

**Monday January 11<sup>th</sup>, 2021 – 6 to 9:00 pm**

An Orientation to the Resource Family Approval Process - 6 to 9:00 pm

**Two Saturday's January 16, 2021**

RFA Class 1: An Introduction to Child Welfare & Probation

Time: 10:00 am to 1:00 pm

RFA Class 2: Child, Neglect & Trauma Informed Care

Time: 1:00 pm to 4:00 pm

**Saturday January 23, 2021**

RFA Class 3: Health Education & School – Healthy Sexual Development / LGBTQ

Time: 10:00 am to 1:00 pm

RFA Class 4: Home as a Safe Haven & Positive Parenting

Time: 1:00 pm to 4:00 pm

PLEASE Register in advance for this meeting – you will also need to register again before each class (for that I apologize)

**LINK to OPEN all the CLASSES:** <https://us02web.zoom.us/join/zoom/register/tZUlf--pgT0iGdVqdbmlsEfOznyiNmYaxZV6>

After registering, you will receive a confirmation email containing information about joining the meeting.



## Feb. Series will be a Monday Orientation, followed by Tuesday & Thursday Evenings



Orientation, Monday February 1, 2021, 6 to 9:00 pm

RFA Class 1: February 2, 2021, 6 to 9:00 pm - RFA Class 2: February 4, 2021, 6 to 9:00 pm

RFA Class 3: February 9, 2021, 6 to 9:00 pm - RFA Class 4: February 11, 2021, 6 to 9:00 pm

Email Cherie if you are interested in participating – [cherie@yolofostercare.com](mailto:cherie@yolofostercare.com)

## CSEC – Commercial Sexualization of Children, Mind Games A Predator's Psychological Methodology for Manipulating Our Children

Presented by, **Dr. Deena Graves**, M3 Transformations & **Derek Williams**, Former Trafficking Pimp

**Tuesday Evening, January 12<sup>th</sup>, 2021 - 5:30 to 7:30 pm**

**Register by email to:** [tstone@lassencollege.edu](mailto:tstone@lassencollege.edu) – Tiffany will email a completed Registration Form that you need to complete, followed with a link to open the class. This is a Lassen Community College FKCE workshop we have been invited to participate in. If you have questions, call **Tiffany Stone @ (530) 526-5495**

**Commercial Sexual Exploitation Traffickers** and other predators weaponize a mental methodology to ensnare our children in their traps. Learn how they gain the unconditional trust of youth, manipulate, control, and keep them coming back despite extreme sexual, physical, and mental abuse and dehumanization strategies.

## Reparative Strategies for Traumatized Kids Breaking a Child's Maladaptive Behaviors

Led by **Kate Messina**, PhD

**Two Friday Morning's January 15 & 22, 2021**

**10:30 am to Noon**

**Zoom LINK** <https://us02web.zoom.us/j/89111554556>

Meeting ID: 891 1155 4556 - One tap mobile+16699009128,,89111554556#



**During this 2-part series**, Dr. Messina will look at early brain development, how a child's lens to the world is framed and why what looks like to you as extraordinary behavior, is a survival strategy for living in a chaotic, violent, and/or neglectful family. Beyond developing a stronger understand for the origin of a child's behaviors, Dr. Messina will share parenting approaches for breaking challenging and maladaptive behaviors

## Independent Living Program for Transitional Age Dependents, those 14 to 21-Years-Old

**Wednesday and Friday Evenings via Zoom – 5 to 6:30 pm**

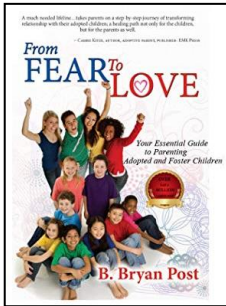
To learn more and for eligibility to attend, contact Ramiz Ali at [Ramiz.Ali@yolocounty.org](mailto:Ramiz.Ali@yolocounty.org) or Zahira at [Zahira@yolofostercare.com](mailto:Zahira@yolofostercare.com)

## **Parenting From Fear to Love** Strategies to Create Healing Environments

**Presented by, Bryan Post, Former Foster/Adopted Child, Author, Parenting Expert & Founder of the Post Institute**

**Two Thursday's - January 21 & 28, 2021- 10:00 am to 1:00 pm**

*Have you been struggling with your foster or adopted child and aren't sure where to turn?* Turn on your computer and learn from one of America's Foremost Child Behavior Experts. In this 2-part virtual training, Bryan will explain why children behave the way they do and why it's so stressful for parents. He will give you a clear step-by-step understanding of the challenges that you have been having in your home that will leave you wondering why you haven't heard this before.



Bryan Post, an adopted and former foster child, is one of America's foremost child behavior and adoption experts, and founder of [www.PostInstitute.com](http://www.PostInstitute.com). He is host of Post's Daily Dose, an original Facebook live show on five days a week at 6:30pm on [facebook.com/postinstitute](https://www.facebook.com/postinstitute).

Appropriate for all ages and behavior problems. Parents – Adoptive, Resource, Kinship & Prospective Resource Families, Along with Professionals are welcome. Sponsored by **Lilliput Post Adoption Support (PAS)** In Partnership with Woodland Community College Foster & Kinship Care Education

[Register Now](#)

## **No Such Thing as a Bad Kid** Strengthen Based Parenting

**Led by Charlie Appelstein, Renowned Trainer, Author and Educator**

**Tuesday & Thursday Evening, February 16 & 18, 2021**

**6 to 8:00 pm via Zoom**

Continuing Resource Family Education – Certificates will be Issues to Attendees

**REGISTRATION & LINK to ZOOM**

**Zoom LINK:** <https://us02web.zoom.us/j/86354878708> Meeting ID: 863 5487 8708 One tap mobile



**Strength-based practice** is an emerging approach to guiding kids with emotional & behavioral challenges, that is exceptionally positive and inspiring. **Its focus is on strength-building rather than flaw-fixing.** It begins with the belief that every young person has or can develop strengths and utilize past successes to mitigate problem behavior and enhance social and academic functioning. This engaging workshop will highlight some of the key principles and techniques of this transforming modality. Areas covered include: What is strength-based practice & the power of a positive attitude & culture; the effects of trauma and positive emotions on the brain; encouraging growth vs. fixed mindsets; self-esteem building & activities for at-risk children and youth; why, how, and when to use incentive plans; and a host of creative cognitive behavioral strategies.

## **This Workshop is Free and Open to the Public**



Youth care specialist **Charlie Appelstein, M.S.W.**, President of Appelstein Training Resources, LLC (ATR) provides expert strength-based training, consultation, publications, CDs, and DVDs for individuals and groups who work with children and youth experiencing emotional and behavioral challenges. Described as "the best youth care trainer in America" by Robert Lieberman, former president of the American Association of Children's Residential Centers, Charlie has devoted his entire adult career to helping children and youth struggling with emotional and behavioral challenges and those who guide them. An engaging, informative, and humorous speaker, Charlie is the author of three critically acclaimed books on youth care and the creator of two innovative CDs that helps kids and parents make better choices and lead happier lives. Charlie's strength-based approach delivers a message of hope and possibility to our most vulnerable youth and those who shape and influence their lives.

